

# the inside track



FORT WAYNE  
TRACK CLUB  
1988  
JUNE

NEWSLETTER OF THE FORT WAYNE TRACK CLUB



***Congratulations***  
**to**  
**LAURA DIDION**  
**Women's Winner**  
**Indy '500' Mini Marathon**  
**1:20:27**

# Fort Wayne Track Club

## Officers and Board Members 1988

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424-6723

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RACE SCHEDULE  
447-5321

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638-4890

ANN JAMISON  
RUNNERS WEEK  
627-5450

TOM LOUCKS  
POINT SYSTEM

DR. ROBERT WYATT  
ADVERTISING

## MEMBERSHIP MEETINGS

They will be at Bushey's, Inc.  
1710 Fairfield Avenue

**TUESDAY, JUNE 14, 1988 — 7:00 P.M.**

**SUNDAY, JULY 10, 1988 — 6:00 P.M.**

*Come One, Come All!*

## DISPLAY ADVERTISING RATES

Full Page (4½ x 7¾ inches) . . . . . \$50.00

Half Page (4½ x 3¾ inches) . . . . . 35.00

Quarter Page (2¼ x 3¾ inches) . . . . . 22.00

Insert Race Application (includes printing results)  
12 x Entry fee, minimum \$35.00 (10x entry fee  
paid in advance)

Advertising must be supplied, camera ready art,  
or layout charges will be incurred.

All race applications must be supplied for insertion.  
Inside Track publishes 400 issues monthly.

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# 1988 FWTC RACE SCHEDULE

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## **MAY 7, 1988**

"We Are Winning 5k" 5k; Canterbury Green 9:00 a.m.  
American Cancer Society, Phone: 482-9181

## **MAY 14, 1988\***

WMEE/Key Health 5m/10m; Johnny Appleseed 8:00 a.m.  
Race Director: Mike Ducey, Phone: 482-9606

## **JUNE 18, 1988\***

Central Soya 5m; Downtown 6:00 p.m.  
Race Director: Jim Seiler, Phone: 425-5345

## **JUNE 25, 1988**

White River Park Games 5m; Foster Park 8:00 a.m.  
5m Qualifying

## **AUGUST 27, 1988\***

Big Brother/ Sisters 2m/5m; Foster Park 5:00 p.m.  
Race Director: Frank Zirille, Phone: 456-1600

## **SEPTEMBER 11, 1988**

Scholarship Fund Run 5k; IPFW 2:00 p.m.  
Race Director: Mike Kast, Phone: 423-1430

## **OCTOBER 17, 1988**

Prediction Run 13.1m; Foster Park 8:00 a.m.  
Race Director: Don Lindley, Phone: 456-8739

## **OCTOBER 23, 1988\***

Summit City 10k; Downtown F. W. 2:00 p.m.  
Race Director: Mike Ducey, Phone: 482-9606

## **NOVEMBER 12, 1988**

Hilly 4 4m; Homestead 9:00 a.m.  
Race Director: John Treleaven, Phone: 432-5315

## **DECEMBER 10, 1988**

"Just Plain 10k"; Foster Park 2:00 p.m.  
Race Director: J. P. Jones, Phone: 745-7339

\*POINTS RACES

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# 1988 LOCAL RACE SCHEDULE

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## **MAY 4, 1988**

Semi-Strider 10k; Sylvania, Ohio 6:30 p.m.  
Race Director: John Bergener

## **MAY 7, 1988**

Community Health Happy Heart Run - Fun Run - 1;k;  
Coldwater, Michigan 9:00 a.m.  
Race Director: Christian Brand, Phone: (517) 278-7361 Ext. 421  
Southwest YMCA 5k; Swan Creek, Toledo, Ohio 8:00 a.m.

## **MAY 8, 1988**

Toledo Roadrunner 5k; Swan Creek, Toledo, Ohio 6:00 p.m.

**MAY 14, 1988**

Old Kent River Run 25k; Grand Rapids, MI 9:00 a.m.  
Race Sponsor: Old Kent Bank and Trust Co.

**MAY 15, 1988**

Bedford 4/7m Spring Run; Bedford H.S. Temperance, MI 10:00 a.m.

**MAY 21, 1988**

Kids Kilometers 1-3-5k; Wildwood Pk, Toledo 9:00 a.m.  
Race Director: Marilyn Rosinski, Phone: 878-2936

**MAY 22, 1988**

Catholic Club 5k; Downtown Toledo 9:00 a.m.  
Phone: (419) 243-7255

**MAY 28, 1988**

Dexter-Ann Arbor Half Marathon/10k/2m; 8:00 a.m.  
Ann Arbor Track Club, Downtown Ann Arbor

**MAY 30, 1988**

Great Race VIII 10k/13.1m; Elkhart 8:30 a.m.  
Race Director: Ron Schmanske, Phone: 294-1661

**JUNE 4, 1988**

Spring Fever 5 5m; Huntington 8:00 a.m.  
Race Director: Paul Baker, Phone: 356-5172

Marine Corps 10k; New Haven 7:00 a.m.  
Race Director: Tom Gratz, Phone: 749-0982

Press Run 1988 10/5k; St. Mary's Pk., Monroe, MI  
Race Director: Jack Schwarb, Phone: (313) 241-3126

**JUNE 5, 1988**

5k Smile Run; Pearson Pk., Oregon, OH 9:00 a.m.  
Race Director: Katie Camp, Phone: 866-1706

**JUNE 25, 1988**

Turtle Days 10k; Churubusco 8:00 a.m.  
Race Director: Larry Shivley, Phone: 693-2761

**JULY 4, 1988**

Hamilton Lake 5k; Hamilton Lake 9:00 a.m.  
Race Director: Tim Fleming, Phone: 749-8027

**JULY 13, 1988**

"3" Rivers Fet. Biathlon; TBA  
Race Director: Ann Mise, Phone: 424-7977

**JULY 17, 1988**

Diet Pepsi 10k; Friemann Square 8:00 a.m.  
Fort Wayne Parks & Recreation, Phone: 427-1270

**AUGUST 6, 1988**

Harlan Days 10k; Harlan 7:00 a.m.  
Race Director: Tom Bunner, Phone: 486-6441

**AUGUST 13, 1988**

Kent Davis 1m/5k; Georgetown Square 7:00 a.m.  
Race Director: Bill Schmidt, Phone: 485-1114

**SEPTEMBER 10, 1988**

Run Jan Run Triathlon; TBA  
Fort Wayne Women's Bureau, Phone: 424-7977

**SEPTEMBER 18, 1988**

Run Jane Run 5k/10k; Foster Park TBA  
Fort Wayne Women's Bureau, Phone: 424-7977

**SEPTEMBER 24, 1988**

Parlor City Trot 13.1m; Bluffton 8:30 a.m.  
Race Director: Phil Lockwood, Phone: 1-824-4844

**OCTOBER 1, 1988**

Run For Your Heart 5k; Foster Park 9:00 a.m.  
Race Director: Amy Anderson, Phone: 458-2345



**White River Park  
STATE GAMES VI**

**Regionals, Fort Wayne:  
June 24, 25, 26**

**Finals, Indianapolis:  
July 8, 9, 10**

Competition in 16 sports,  
including 5 mile run

*"Indiana's Statewide  
Sports Festival"*

For more information contact Indiana Sports Corporation

**1-800-HI-FIVES**

1988 Official Corporate Sponsors  
Methodist Hospital of Indiana, Inc.; Hook's Drug Stores;  
Marsh Supermarkets/Village Pantry

Sponsored regionally by  
WKJG-TV, St. Joseph's Medical Center, GTE, and Holsum

Successful is the best way to describe the RRCA's (Road Runner's Club of America) National Convention May 5th to 8th in Indianapolis. All parts of the long weekend were well worth participating in. I commend all of the planning and organizing efforts done by members of Indy Runners. Proof of their dedication to put on a quality convention was definite.

The RRCA is the governing organization for running clubs across the nation. We are 1 of 420 club members which includes major clubs like the New York Road Runner's Club and the Atlanta Track Club.

Convention activities offered something for everyone. The educational workshops provided information on how to improve club member services. A few of the sessions were race finish line management, motivating volunteers, women's running programs, and children's running programs. Social activities were incorporated throughout the weekend which allowed many opportunities to talk and get to know other club members and fine runners. On Friday evening, Eagle Creek Park was the gathering place for all. Most all joined a 5 km fun run and then enjoyed blue grass music and a BBQ picnic dinner.

Our hospitality suite went real well. Each evening we opened the doors of Hyatt's Harrison Room for any convention goer to feel welcome. Rumor has it that it was the best party in town. I want to thank all the Fort Wayne Track Club Members who helped me put it on. These fine volunteers were Don Lindley, Mike Kast, Ron Horan, Mark Brattoli, Mike Ducey, and Keith Horton. Don Lindley especially did much to keep all happy.

I was extremely glad the F.W.T.C. was able to be a part of the convention. The RRCA is worth supporting. They are an organization devoted to meeting the needs of all fitness minded runners. Next years convention will be in Colorado Springs the first weekend in June. Let's do think of travelling west!

One of the RRCA's workshops was on Pumping Adrenaline In Your Club.

We officers of the F.W.T.C. do want to improve our services to you the members. But, your help is needed. Club board members just can't do it all. We can be a better club if your participation and motivation increases.

Jane Dolley, RRCA Vice President of the East, gave some suggestions for inspiring club involvement. These ideas were:

- the key is involvement  
encourage members to be active in the club
- provide regular training programs
- offer educational activities
- improve communication procedures
- organize more parties, picnics, pot luck meals, or other social gatherings

We as a club can really organize and do anything you want. Speak up if you have a new activity you think club members would enjoy. Please consider offering your assistance in club programs. It can be a fun and rewarding experience.

Our next major club running event is the Central Soya Community Classic on June 18th. It's a Saturday evening run starting at 6:00 p.m. in downtown Fort Wayne. Not only is there a 5 mile event, but there's a 1 mile fun run. Bring the whole family!

See you there!

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## ***COME RUN WITH US!***

Tuesday 6pm.                      Thursday 6pm.                      Saturday 8am.  
People can meet by the left side entrance of the IPFW Athletic Building. Look for Mike Kast and friends.

Wednesday 6pm.  
Foster Park. Meet in the parking lot near the volleyball courts. Look for John Treleaven.

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# NUTRITION IN QUESTION

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by Judy Newman, R.D. & Judy Tillapaugh, R.D.

Any nutrition issues on your mind? Do you often wonder what is right to eat? Maybe we could help you. You are invited to send your nutrition questions to Judy Newman and Judy Tillapaugh, both registered dietitian, at St. Joseph Medical Center. Answers will be included in the Inside Track. Mail nutrition questions to: Judy Newman R.D. & Judy Tillapaugh R.D. Nutrition Services, St. Joseph Medical Center, 700 Broadway, Fort Wayne, IN 46802

## Question

My cholesterol is 280 mg/dl which is not a healthy level. I'm confused on how to limit my total daily fat intake to lower my cholesterol. Using lean meats and skim products is pretty easy, but I'm probably getting a lot of fat in foods I'm not aware of. Where are these hidden fats?

Joyce

Dear Joyce:

A desirable cholesterol level is 200 mg/dl or less. This level is recommended by The National Institute of Health (NIH), The American Dietetic Association, The American Heart Association, and The Society for Nutrition Education. Cholesterol reduction can make a difference in helping prevent the development of heart disease.

I praise your efforts at eating a healthy heart meal plan. It's not simple to do in our society, but it is possible. Reducing blood cholesterol involves more than one dietary factor. Limiting egg yolks is not the only answer. A good meal plan is high in fiber, low in cholesterol, low in saturated fat, low in total fat, low in salt, and modified to reach or maintain a healthy weight. Of these factors, the toughest is probably keeping the total fat low. The average American follows a 40 to 50% fat meal plan. For better health, it's best to set a goal to use a 30% fat meal plan.

You may be asking yourself, "How much fat is in a 30% fat meal plan?" Below is a breakdown of calorie levels and the amount of fat that equals a 30% fat meal plan.

<u>Daily Calories</u>	<u>30% Fat Meal Plan</u> (grams of fat)
1500	50
2000	67
2500	83
3000	100

To give these numbers more visual clout, take a stick of margarine and cut it in half. A half of a stick of margarine equals 50 grams of fat. This is an ideal amount of fat for a person eating 1500 calories per day. Runners need more than 1500 calories to meet their energy needs. A 40 to 45 mile per week runner needs about 2500 to 3000 calories per day. Calorie requirements vary due to individual differences. The trick to following a low fat meal plan is knowing how to translate fat recommendations into actual food choices. Before this is done, it's helpful to know what forms of fat are and where fat is hidden in foods. Fat is butter on toast. Fat is the oil in pie crusts. Fat is the cream in ice cream.

Forms of Fat

- \* Whole and 2% milk products
- \* High fat meat products, like bologna, sausage, hot dogs, prime meat cuts, and fried fish
- \* Fat toppings are butter, margarine, cream cheese, sour cream, gravies, salad dressings, and mayonnaise
- \* Cooking fats are oils for frying, meat fat for gravies, and butter for sauteeing
- \* Snack fats are nuts, seeds, olives, chips, buttered popcorn and dips
- \* High fat desserts are ice cream, pies, rich cookies, doughnuts, cakes, and pasteries

Joyce, I'm glad lean meat, poultry, fish and skim milk products are a popular part of your meals. Keep using them. Some fat is O.K.! To eat a healthy amount of fat, let me offer some suggestions. Per day, I would recommend eating four to six ounces of the lean meat group products and two to four cups of skim milk or skim milk yogurt. This would equal about 16 to 24 grams of fat.

Include fruits, vegetables, whole grain breads and cereal products at your meals. These are naturally low in fat. But, beware of hidden fats. Often fat is added to these high fiber foods by food manufacturers or during food preparation. To guide you in limiting hidden fats, look over the fat chart provided here. I would suggest teaching yourself how to estimate how many grams of fat you use per day.

For example, if you followed a 2000 calorie meal plan and wanted to use 67 grams of fat, this would equal the recommended amounts of lean meats and skim milk plus 40 to 45 more grams of fat. Note when selecting fats, it is always best to pick polyunsaturated vegetable fats.

Memorize the fat value of foods. Once you are fat educated, you can plan appealing 30% fat meals around your fat choices. Winning the fat battle can be done.

**RENEW YOUR  
MEMBERSHIP TO THE  
FORT WAYNE TRACK CLUB  
TODAY!!!**

RECIPE OF THE MONTH

For a low cholesterol summer dessert, try a strawberry frost or fruitsicle.

Happy Eating!

Strawberry Frost

3 servings

1 1/4 cup frozen strawberries or 1 1/2 cup fresh strawberries  
1/3 cup Instant Nonfat Dry Milk  
3/4 cup water  
1 cup Ice Milk, vanilla  
1 T. sugar or honey  
1 t. vanilla

Place all ingredients in a blender or food processor. Cover and whip until smooth. (Any fruit may be substituted for the strawberries.)

Per Serving: 114 cal.; 19 gm. carbo.; 5 gm. pro.; 2 gm. fat; 79 mg. sodium; 7 mg. chol.

Reference: Target Recipes by Covert Bailey and Lea Bishop

Fruitsicles

5 servings

2 cups vanilla low fat yogurt  
3/4 cider or apple juice  
1/4 cup lemon or lime juice  
2 cups additional fruit juice of your personal choice or combination

Combine the yogurt, apple juice or lemon juice, then add the last fruit juice. Place the mixture in the blender and mix well. Pour into 1 cup molds and freeze.

(Ice milk or sherbet can be substituted for the yogurt.)

Per Serving: 146 Cals.; 30 gm. carbo.; 4 gm. pro.; 1 gm. fat; 60 mg. sodium; 4 mg. chol.

Reference: Target Recipes by Covert Bailey and Lea Bishop

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NEWS RELEASE

Fort Wayne Track is pleased to announced that Huntington in forming a new running club. On Wednesday, April 27, 1988, they meet at the Huntington Library to form their new club called the KIL-SO-QUAH. They are going to join the Road Runners Club of America. They have elected officers for the year and they are as followed:

President - Richard Breemer - 462 Frederick St Huntington, IN 46750

Vice-Pred - Tom Renz - 741 German St Huntington, IN 46750

Secretary - Tony Spotts

Treasurer - Helen Peare - 4257 N. Rangeline Rd Huntington, IN 46750

There was a large number that attended the meeting. It looks like they can be an additional asset to the FWTC in the near future. Please contact any of the above in you are interested in joining.

Don Lindley

## HIDDEN FAT CHART

<u>Food</u>	<u>Grams of Fat</u>
Ice Cream, 1/2 cup	10
Ice Milk, 1/2 cup	2.5 to 5
Regular Cheese	15
Butter Crackers, 6	5
Saltines, 6	1
Potato Chips, 18	15
French Fries, 10	10
Cheese Puffs, 1 oz.	12.5
Ding Dongs, 2	10
Apple Snack Pie	20
Carrot Cake	15-25
Fruit Muffin, 2" diameter	5
Super Fruit Muffin	15-25
Doughnut	10 to 20
Twinkie, 2	10
Small Cookie	2.5-5
Small Biscuit, 2 1/2" diameter	5

### Unsaturated Fats

Margarine (polyunsaturated fat), 1 T.	15
Oil, 1 T.	15
(avoid palm and coconut oils - very saturated)	
Mayonnaise, 1 T.	15
Nuts, 1/3 cup	25
Sunflower Seeds, 1/4 cup	20
Peanutbutter, 2 T.	20
(natural peanut butter is a nonsaturated fat)	

### Saturated Fats

Butter, 1 T.	15
Cream Cheese, 2 T.	12
Sour Cream, 2 T.	5
Heavy Cream, 1 T.	5
Light Cream, 2 T.	5
Bacon, 1 strip	5

### Others

Mustard, 1 T.	almost none
Ketchup	almost none

1988 THREE RIVERS FESTIVAL

**DIET PEPSI 10K**

FORT WAYNE PARKS & RECREATION

**RACE STARTING TIME:**

8 AM EST, SUNDAY

JULY 17, 1988

**START:**

DOWNTOWN, MAIN STREET  
IN FRONT OF THE COURT HOUSE  
FORT WAYNE, INDIANA

**ENTRY FEE:**

\$8.00 PRE-REGISTRATION (Postmark July 11)

\$9.00 AFTER JULY 11

**AGE GROUPS:**

WOMEN: 14 and Under; 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-59; 60 and Over

MEN: 14 and Under; 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-59; 60 and Over

WHEELCHAIR DIVISION: Male and Female Open Division

**AWARDS:**

First place awards will be presented to overall winners in both men's and women's divisions (overall winners do not qualify for age group awards). Awards will be presented the day of the run to the top three finishers in each age group. All runners will receive a T-Shirt.

Wheelchair divisions will be awarded first and second places.

**RACE COURSE:**

DOWNTOWN — LAKESIDE AREA COURSE

1988 THREE RIVERS FESTIVAL

**DIET PEPSI 10K**

FORT WAYNE PARKS & RECREATION

**REGISTRATION FORM**

Name \_\_\_\_\_ M  F  Age (on 7-17-88) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Phone \_\_\_\_\_ Zip \_\_\_\_\_ T-Shirt Size: (Circle) S M L X-L

Waiver of Responsibility: In consideration of the acceptance of this entry to the Three Rivers Festival 10K Run, I waive all claims for myself, my heirs, and assigns against the race sponsor or promoters for injury or illness which may result from my participation. I further state I am in proper physical condition to compete in this race.

Signature \_\_\_\_\_ Parents Signature \_\_\_\_\_

(If Under 18 Years Old)

WHEELCHAIR ENTRY

DATE \_\_\_\_\_

Mail Entry Form To: 3 Rivers Festival Diet Pepsi 10K

P.O. Box 12224

Fort Wayne, Indiana 46863

For Additional Information Call: Parks & Recreation Office, (219) 427-1270

## INSIDE TRACK PROFILE

By Chuck Okorowski

"During 1985 I ran in 34 different races. I found I was pushing myself too hard. That many races required me to push myself for more mileage, better times, faster races. I later realized that those demands and pressure I placed on myself required me to push constantly. I pushed myself at home as well as at work. It wasn't healthy for me."

"I'm doing about 30 miles a week now and feel great. I love it. I race once in a while and just have fun running."

Name: Al Henkel

DOB: December 18, 1948

Place of birth: Valparasio, IN

Job: Division Director of Radiology  
at Lutheran Hospital

Marital status: Married to Karen who  
jogs and walks.

Children: Danielle, 5 years old, who's  
been in 2 races.

Education: Valparaiso University and  
Valparaiso Technical Institute.

Height: 5' 10"

Weight: 150#

Favorite non-running magazine: Money

Favorite TV show: Family Ties

Favorite music: Top 40

Make of car you drive: Buick Somerset

Make of car you'd like to drive: BMW

Hobbies: Swimming and golf.

Favorite item of clothing: Old jeans.

Political affiliation: Republican

First job: Worked in an accounting  
office in High School.

Comfort food: Bandito's Nachos Grande  
with 5 pounds of cheese

Happiest memory: 2 weeks in Hawaii.

Short-term goal: Building our new house.

Long-term goal: Retire and move to Arizona.

Achievement of which you are most proud: Running my first marathon.

Best feature: Small posterior.

Worst feature: Feet. I have high arches.

Personal strengths: I never procrastinate.

Personal weakness: I'm absolutely terrible at fixing things around  
the house.

Least liked household chore: Mowing the lawn.

Favorite meal: Spaghetti

Favorite restaurant: Casa D'Angelo's

Favorite movie: Fatal Attraction

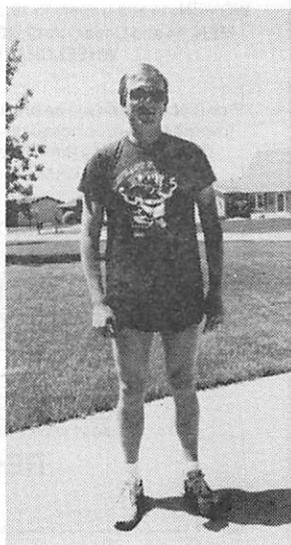
Pets: 14½ year old Norwegian elkhound

Pet peeve: People that don't follow through on commitments.

I wish I had more time to: Train for an Ultra.

Greatest fear: Going broke.

Secret ambition or fantasy: Having a leading role in a movie.



Favorite non-running leisure activity: Floating on an air mattress  
in a swimming pool.  
People who don't know me probably think I'm: Cheap.

Running PR's

5K 19:20

10K 40:10 I had to stop for a firetruck in the HomeLoan.

½ Marathon 1:33

Marathon 3:20

Year's running: 6

Who started you running: My wife Karen. I smoked and was a couch-  
potato! She thought I'd die before 40.

Most memorable race: Louisville Marathon, my PR.

Running philosophy: I really don't have a philosophy except to be  
good at long distance running you have to be  
very good at pacing. Pacing is the key.

Number of marathons: 9

Number of triathlons: 1 Angola (Pleasant Lake)

Average weekly mileage: 30

Typical training week: 6 days of running 5-13 miles each day.

Favorite race: Bristol Fruit Hills 25K

Favorite running shoes: New Balance

Favorite place to run: Downtown on the River Greenway.

Running idol: Rob DeCastelo



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LONG RUN**



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coverings for over 54 years.**

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NEXT TO THE ICE RINK  
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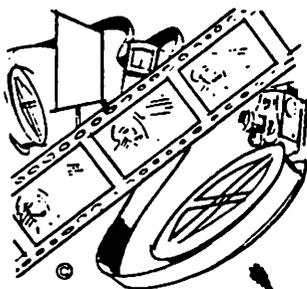
Air Pegasus  
(Women's)



Air Pegasus  
(Men's)

**PEGASUS**  
**IMPROVED.**

# RUNNERS WEEK



## NEEDS YOU . . . FOR GUEST HOST

PROPOSED 1988 RUNNERS WEEK SCHEDULE  
Producer - Ann Jamison - 627-5450

- Feb. 20 Fanny Freezer 5K, Foster Park 2:00pm
- Ap. 23 North American Van Lines 5K & 15K, 9:00am Ft. Wayne
- Ap. 30 Arlington Park 5K Trophy Run, Arlington Park, 8:00am
- May 7 "We Are Winning 5K" Amer. Cancer Soc. Canterbury Gr. 9am
- May 14 WHEE 5&10 Mile, Johnny Appleseed Park, Ft. Wayne
- June 11 F.W.T.C. Hilly Four, Homestead H.S., 9:00am
- June 18 Central Soya 5K, Downtown Ft. Wayne, 6:00pm
- June 25 Turtle Days 10K, Churubusco, IN. 8:00am.
- June 25 White River Park 5K, Shoaff Park, 8:00am.
- July 4 Hamilton Lake 5K, Hamilton Lake, IN, 9:00am.
- July 13 Three Rivers Biathlon, Run 5K, Bike 25mi., Run 5K  
Homestead H.S., 5:00pm.
- July 17 Diet Pepsi 10K, Friemann Square, Ft. Wayne. 8:00am.
- Aug. 13 Kent Davis 5K, Georgetown Shopping Center, 8:00am.
- Aug. 27 Big Bro./Big Sis. 2 Mi & 5 Mi., Foster Park 5:00pm.
- Sept. 18 Run Jane Run 5 & 10K Foster Park, 9:00am.
- Oct. 9 IPFW Scholarship 5K XCcountry, IPFW Ft. Wayne Campus.
- Oct. 30 Summit City 10K, Friemann Square, Ft. Wayne; 2:00pm.
- Dec. 10 J. P. 10K, Foster Park; 2:00pm.

You will love being a GUEST HOST or CAMERA OPERATOR on a RUNNERS WEEK Program. Pick a race or two that you will not be running and call 627-5450 to schedule. It is difficult to run in a race that you also Host, however it can be done. So join us! We are very interested in showing different viewpoints on RUNNERS WEEK, your viewpoint is valuable - SHARE IT!

If you will be going to any OUT-OF-TOWN RACES and your willing and able to tape it contact me and I will get the equipment and tapes to you. SPECIAL FEATURE IDEAS? We are open to tape any item of interest to runners.

JOIN US ON RUNNERS WEEK

HELP US SHARE OUR ENTHUSIASM FOR FITNESS

LEARN MORE ABOUT YOUR FELLOW RUNNERS

BE AN IMPORTANT PART OF THE ACTION



PL	CLAS	BIB NAME	TIME	PACE
1	1	378 JEFF PALMER	34 M 0:28:35.2	6:19
2	1	222 TIM GORRELL	16 M 0:27:50.8	5:14
3	1	190 DAVE ARENS	24 M 0:27:54.2	5:55
4	1	433 BRAD KRUGLER	26 M 0:27:57.9	5:36
5	1	366 BILL BLOSSER	37 M 0:28:11.5	5:38
6	2	56 DOUG FENETE	36 M 0:28:20.2	5:40
7	3	29 DONALD BASHOR	37 M 0:28:23.5	5:41
8	2	164 KENNETH KING	30 M 0:28:28.1	5:42
9	4	124 DAVID HOCKLEY	35 M 0:28:28.9	5:42
10	2	28 MIKE REISER	25 M 0:28:03.8	5:49
11	2	362 CHAD SHEARER	18 M 0:29:13.4	5:51
12	3	361 MIKE MCBRIDE	17 M 0:29:14.9	5:57
13	4	350 AARON BETTS	16 M 0:30:03.8	6:01
14	1	400 JANET YOUNG	30 F 0:30:30.8	6:06
15	5	295 KEVIN DUKES	16 M 0:30:45.2	6:09
16	5	125 DAVID HOWE	39 M 0:30:53.7	6:11
17	1	57 DAVID BRANDON	45 M 0:30:55.2	6:11
18	2	225 FRED ROSS	47 M 0:31:05.2	6:13
19	1	221 JAMIE GORRELL	18 F 0:31:10.2	6:14
20	3	27 MICHAEL NAGEL	25 M 0:31:22.9	6:17
21	3	16 PAUL LAMSE	45 M 0:31:24.6	6:17
22	1	111 RODGER FUCKETT	44 M 0:31:28.0	6:18
23	6	242 TED WALDA	39 M 0:31:30.0	6:18
24	6	308 JUSTIN EUTSLER	14 M 0:31:31.5	6:18
25	4	72 MARK WALTERS	26 M 0:31:42.3	6:20
26	7	357 TIM FLEMING	39 M 0:31:42.7	6:21
27	1	414 LINDA CONRAD	25 F 0:32:19.8	6:28
28	7	266 STEVE SORG	14 M 0:32:28.3	6:30
29	3	268 KEVIN WARREN	30 M 0:32:39.4	6:32
30	2	191 KEIVN SONNENBERG	23 M 0:32:50.5	6:34
31	1	216 MARCIA GARRETT	40 F 0:32:58.8	6:36
32	8	85 JIM FETSCH	19 M 0:33:00.4	6:36
33	4	66 LEN PIROPATO	33 M 0:33:00.9	6:36
34	5	352 JOE PATTERSON	34 M 0:33:01.8	6:36
35	2	178 IVAN FAINTER	40 M 0:33:05.1	6:37
36	9	419 CRAIG BEGHTEL	14 M 0:33:09.0	6:38
37	4	239 JOHN KLEIN	45 M 0:33:12.4	6:38
38	3	193 CURTIS BEOUGHER	23 M 0:33:14.6	6:39
39	5	229 LARRY VAUGHN	29 M 0:33:21.0	6:40
40	6	390 KEITH CAUDILL	31 M 0:33:26.9	6:41
41	6	58 BRUCE YOUNG	26 M 0:33:27.3	6:41
42	3	20 JACK SEIGEL	43 M 0:33:29.3	6:42
43	10	168 JOSEPH MAGSAM	19 M 0:33:30.3	6:42
44	11	363 ANDY CLAUSER	15 M 0:33:39.4	6:44
45	1	356 BETTY MCDADE-MOYLAN	36 F 0:33:40.7	6:44
46	4	157 ANDREW BREHM	21 M 0:33:41.5	6:44
47	7	346 DAN FISHER	30 M 0:33:47.5	6:45
48	5	115 KENT LAWSON	20 M 0:33:52.9	6:47
49	8	184 DEWEY CULBERTSON	39 M 0:33:53.5	6:47
50	9	121 ALLAN VANWORMER	35 M 0:33:55.0	6:47
51	2	293 KATHY WIDAU	35 F 0:34:05.4	6:49
52	10	109 DAVID GALLIGHIER	38 M 0:34:11.9	6:50
53	3	165 PHYLLIS SUELZER	35 F 0:34:19.8	6:52
54	8	427 DANIEL TUBBS	31 M 0:34:20.3	6:52
55	6	224 MARK LANDES	24 M 0:34:22.4	6:52
56	2	411 THERESA YANKOWIAK	32 F 0:34:23.3	6:53
57	11	141 JIM KRISHER	39 M 0:34:24.1	6:53
58	4	325 DARRELL GATES	44 M 0:34:25.1	6:53
59	9	389 KURT PARIS	33 M 0:34:26.6	6:53
60	7	294 CLINTON VORIS	26 M 0:34:37.5	6:55
61	10	431 DAVID RENCH	31 M 0:34:42.0	6:56
62	1	388 BOB GENSHEIMER	51 M 0:34:45.2	6:57
63	11	197 FREDERICK HANNAN JR	34 M 0:34:46.4	6:57
64	5	175 JOSEPH JACKSON	40 M 0:34:49.3	6:58
65	12	318 NEAL NULL	16 M 0:34:59.0	7:00
66	8	139 ROBERT HEINZ	29 M 0:35:10.1	7:02
67	2	228 BRYNN WELLER	42 F 0:35:11.3	7:02
68	2	334 RICHARD HARNLY	50 M 0:35:19.7	7:04
69	13	207 JOE THOMAS	14 M 0:35:25.2	7:05
70	6	59 PERRY YOUNG	40 M 0:35:28.1	7:05
71	14	275 MATT HARBOR	14 M 0:35:30.0	7:06
72	12	118 DANIEL STINSON	33 M 0:35:32.1	7:06

PL	CLAS	BIB	NAME	TIME	FACE
73	9	129	DAVE KNISPEN	26 M 0:35:32.5	7:06
74	12	233	ALAN BRADLEY	36 M 0:35:32.8	7:07
75	13	406	MARK PANTELLO	34 M 0:35:33.7	7:07
76	3	161	JULIE MANGER	34 F 0:35:34.0	7:07
77	5	364	PAUL AVINA	46 M 0:35:36.4	7:07
78	4	386	LYN HANDLIN	31 F 0:35:36.8	7:07
79	15	198	DAVID TEEPLE	14 M 0:35:39.4	7:08
80	1	327	KAREN SPATZ	23 F 0:35:47.1	7:09
81	13	418	TIM ZUMBAUGH	35 M 0:35:52.0	7:10
82	10	176	GERALD RATTIGAN	29 M 0:36:03.1	7:13
83	2	303	LAURA KROH	26 F 0:36:14.6	7:15
84	11	179	MICHAEL DAVIS	27 M 0:36:27.4	7:17
85	7	180	TIMOTHY ELINN	41 M 0:36:29.3	7:18
86	12	319	MARK DOLEZAL	29 M 0:36:31.3	7:18
87	14	209	TCM ARCHBOLD	39 M 0:36:34.0	7:19
88	14	104	ALBERT MOSS	33 M 0:36:44.3	7:21
89	15	314	BRUCE HAMILTON	35 M 0:36:46.6	7:21
90	8	397	JAMES SEILER	43 M 0:36:51.9	7:22
91	15	86	TROY COZAD	31 M 0:36:53.7	7:23
92	9	147	DAN BELSCHNER	40 M 0:37:05.4	7:25
93	3	347	BOB SALAY	53 M 0:37:07.1	7:25
94	16	17	MICHAEL PRZYBYLSKI	35 M 0:37:18.6	7:28
95	13	399	DON CURTIN	25 M 0:37:21.2	7:28
96	10	91	KENNETH RELUE	44 M 0:37:30.8	7:30
97	16	310	JIMMY OAKS	14 M 0:37:31.2	7:30
98	11	150	ROBERT VUROSKO	43 M 0:37:32.0	7:30
99	14	73	DAVE WILKINS	27 M 0:37:35.9	7:31
100	17	291	THOMAS FUELLING	37 M 0:37:36.7	7:31
101	2	223	MICKIE GORRELL	15 F 0:37:49.3	7:34
102	15	219	CHRIS BLAUVELT	25 M 0:37:54.4	7:35
103	18	412	JERRY NOBLE	38 M 0:37:56.3	7:35
104	16	220	THOMAS BLAUVELT	26 M 0:37:58.9	7:36
105	16	287	JIM SHOWLIN	30 M 0:38:01.2	7:36
106	7	106	STEVEN MCMAHON	24 M 0:38:01.9	7:36
107	17	365	SAMUEL SEALS	31 M 0:38:06.9	7:37
108	17	374	RICHARD REIMER	28 M 0:38:11.4	7:38
109	18	93	KIRK MURI	26 M 0:38:13.1	7:39
110	12	309	STEVE BUTLER	42 M 0:38:14.7	7:39
111	13	144	DON SHAINAGLE	41 M 0:38:17.8	7:40
112	14	138	JEFF RAFF	40 M 0:38:47.3	7:45
113	15	360	RON CAILLOUET	43 M 0:38:50.1	7:46
114	18	386	KEVIN OLSZOWY	32 M 0:39:02.5	7:48
115	19	278	KEN MYERS	35 M 0:39:04.4	7:49
116	19	51	RICK XAVER	32 M 0:39:15.5	7:51
117	4	367	RUDI FLORREICH	54 M 0:39:22.0	7:52
118	3	171	BETH BERRY	25 F 0:39:25.1	7:53
119	20	299	ERNEST BOYCE	37 M 0:39:27.2	7:53
120	20	160	JAMES TRACE	30 M 0:39:28.5	7:54
121	2	62	DIANA SHENEFIELD	23 F 0:39:29.6	7:54
122	19	61	GARY SHENEFIELD	26 M 0:39:29.8	7:54
123	17	359	GREGORY ROCKSTROH	18 M 0:39:31.4	7:54
124	16	353	ROBERT BEECHING	42 M 0:39:35.0	7:55
125	20	280	PAT OBRIAN	25 M 0:39:42.7	7:57
126	8	292	JEFF KIESS	21 M 0:39:43.1	7:57
127	3	282	DEBBIE KIRACOFE	15 F 0:39:49.4	7:58
128	4	272	LISA SNOUFFER	28 F 0:39:55.1	7:59
129	6	49	GENE LINK	46 M 0:39:59.0	8:00
130	21	199	LARRY HOLZINGER	38 M 0:40:06.9	8:01
131	18	167	MATTHEW BROKAW	13 M 0:40:10.0	8:02
132	1	231	WENDELL ADAMS	61 M 0:40:14.4	8:03
133	4	39	AMANDA GUILLERMO	16 F 0:40:21.3	8:04
134	7	392	MARK MISHLER	45 M 0:40:24.1	8:05
135	21	435	KARL MOHR	34 M 0:40:31.7	8:06
136	22	434	DAVID SMITH	39 M 0:40:31.8	8:06
137	22	96	MARK MILLER	32 M 0:40:33.3	8:07
138	23	71	MARK METTERT	37 M 0:40:40.3	8:08
139	5	329	DEB STARK	25 F 0:40:42.3	8:08
140	8	112	MELVIN HOCHSTETLER	48 M 0:40:46.2	8:09
141	24	395	DAVID MURRAY	38 M 0:40:48.4	8:10
142	5	158	ANN LINSON	31 F 0:40:52.3	8:10
143	5	358	JANICE RAMSEY	17 F 0:40:59.5	8:12
144	4	81	JOAN WELLER	33 F 0:41:00.9	8:12
145	25	372	DAVID GARST	36 M 0:41:06.9	8:13
145	6	405	PATRICIA PANTELLO	30 F 0:41:06.9	8:13
147	5	330	CAROLE KROUTH	35 F 0:41:11.9	8:14
148	21	298	FRANK MARTINEZ	25 M 0:41:18.6	8:16

FL	CLAS	BIB NAME	TIME	FACE
149	6	429 TRACI RITTENBERG	15 F 0:41:23.5	8:17
150	6	40 LINDA REIDENBACH	28 F 0:41:26.7	8:17
151	7	201 MICHELLE OLSON	26 F 0:41:26.9	8:17
152	23	338 DANA BUDD	33 M 0:41:36.6	8:19
153	7	202 ERIN KIRCHNER	13 F 0:41:40.1	8:20
154	2	323 PAUL SNYDER	60 M 0:41:53.9	8:23
155	17	248 ROBERT ASSALEY	43 M 0:42:00.7	8:24
156	24	185 JEFF KEELING	34 M 0:42:03.7	8:25
157	6	208 SALLY THOMAS	35 F 0:42:13.1	8:27
158	22	70 DEAN LEEPER	23 M 0:42:14.7	8:27
159	3	261 LYNNETTE DRAYER	22 F 0:42:21.7	8:28
160	8	97 BETH COYNE	26 F 0:42:29.2	8:30
161	18	152 LARRY PIANO	40 M 0:42:32.7	8:31
162	7	237 JUDY DAVIS	36 F 0:42:35.1	8:31
163	25	260 TIMOTHY TIERNON	31 M 0:42:38.6	8:32
164	3	432 ROBERT LEEPER	60 M 0:42:50.0	8:34
165	13	205 CARL FIELDS	43 M 0:42:52.7	8:35
166	20	403 JOEL CHICOINE	44 M 0:42:57.1	8:35
167	21	143 TOM MCELMURRY	42 M 0:43:08.9	8:38
168	26	351 WARREN CARTMEL	37 M 0:43:10.3	8:38
169	8	148 CHERIE BELSCHNER	37 F 0:43:14.5	8:39
170	27	363 STEVE CLINE	36 M 0:43:19.0	8:40
171	26	234 ROBERT STELLER	32 M 0:43:26.1	8:41
172	28	302 RON HUBER	39 M 0:43:31.9	8:42
173	8	416 SARA LOCHNER	15 F 0:43:34.2	8:43
174	4	117 RHONDA DEATHE	21 F 0:43:34.8	8:43
175	19	328 AARON DEMERITT	11 M 0:43:35.6	8:43
176	27	100 STEVE STERNBERGER	33 M 0:43:36.5	8:43
177	5	146 JENNIFER CARTMEL	24 F 0:43:37.6	8:44
178	28	264 JAMES BRANNING	31 M 0:43:44.2	8:45
179	9	83 JUDY TRIKONES	26 F 0:43:45.6	8:45
180	22	370 JOHN KUKER	44 M 0:43:47.1	8:45
181	9	41 WANDA MYERS	36 F 0:43:47.3	8:46
182	23	48 JAMES HARTLEY	43 M 0:43:56.7	8:47
183	24	326 JOHN WEBSTER	40 M 0:44:29.0	8:54
184	9	131 KRISTI BRADLEY	13 F 0:44:29.5	8:54
185	25	36 ROBERT FAINE	44 M 0:44:30.7	8:54
186	29	196 CHARLES MOSURE	37 M 0:44:39.4	8:56
187	6	244 DIANE PEA	24 F 0:44:57.7	9:00
188	30	340 MARK HURD	35 M 0:45:10.7	9:02
189	23	63 DON ST CLAIR	29 M 0:45:15.5	9:03
190	7	79 JEAN HAYES	30 F 0:45:16.5	9:03
191	10	80 CYNTHIA GOODMAN	25 F 0:45:16.9	9:03
192	24	44 BRADY LONG	29 M 0:45:29.2	9:06
193	9	301 JOSEPH CERUTI	23 M 0:45:34.7	9:07
194	8	253 SUE ZIMMERMAN	30 F 0:45:52.8	9:11
195	9	297 ANNE FREMION	32 F 0:46:06.2	9:13
196	11	339 TERESA DAVIS	29 F 0:46:06.6	9:13
197	29	98 JOHN ELSTROD	34 M 0:46:11.4	9:14
198	25	177 FRED KING	29 M 0:46:12.0	9:14
199	7	170 CHERLY MCGOWAN	24 F 0:46:12.4	9:14
200	30	243 LEROY MATHEWSON	32 M 0:46:15.8	9:15
201	4	321 RICHARD LONGSWORTH	62 M 0:46:25.5	9:17
202	12	82 SARAH UHRICK	26 F 0:46:29.2	9:18
203	10	273 MICHELLE CHICOINE	17 F 0:46:31.3	9:18
204	1	155 JULIE WILSON	48 F 0:46:39.0	9:20
205	10	270 TERI GRAHAM	34 F 0:46:51.3	9:22
206	11	417 LARA HEADLEE	16 F 0:46:53.3	9:23
207	11	206 MARGARET NORTH	32 F 0:46:54.2	9:23
208	5	204 DON RHOADES	54 M 0:47:01.1	9:24
209	26	249 GERALD STEELE	42 M 0:47:16.4	9:27
210	1	320 JEAN LONGSWORTH	58 F 0:47:20.2	9:28
211	2	238 JEANETTE KLEIN	45 F 0:47:41.6	9:32
212	27	426 ROBERT NOLOT	41 M 0:47:43.9	9:33
213	6	22 JOHN JEDINAK	54 M 0:47:51.1	9:34
214	12	135 MICHELLE BENGE	17 F 0:47:56.8	9:35
215	26	430 ROBERT LEEPER	25 M 0:48:16.5	9:39
216	20	289 MICHAEL QUACKENBUSH	15 M 0:48:22.8	9:41
217	10	19 BONNIE KELLER	36 F 0:48:26.8	9:41
218	3	153 DORONDA CAMPBELL	49 F 0:48:36.9	9:43
219	13	26 SONDR A HUNTER	13 F 0:49:40.9	9:56
220	11	246 VICKI JACOBS	38 F 0:50:16.8	10:03
221	12	107 MARIANNE FOOTE	32 F 0:50:19.3	10:04
222	31	108 GARY FOOTE	30 M 0:50:19.7	10:04
223	3	151 JO ANN YUROSKO	41 F 0:50:29.0	10:06

PL	CLAS	BIB NAME	TIME	PAGE
224	4	38 CARMEN LOWE	46 F 0:50:55.3	10:11
225	13	307 FRANNIE GODAIR	34 F 0:50:57.9	10:12
226	14	173 HARON ANGELOFF	31 F 0:51:33.2	10:19
227	15	122 NAVI VANWORMER	32 F 0:51:59.1	10:24
228	2	247 POLLY JACOBS	61 F 0:52:37.7	10:32
229	3	322 DORIS SNYDER	55 F 0:57:00.1	11:24
230	16	25 DEBORAH HUNTER	32 F 1:03:17.7	12:40

MAY 14, 1988

WEEHET HEALTH PLAN

Page 1

WEE 97 FM

KEY HEALTH PLAN

PT WAYNE TRACK CLUB

The End Result Company

Overall Results

10 FILE

PL	CLAS	BIB NAME	TIME	PAGE
1	1	3 BRAD COOPER	26 M 0:51:43.9	5:10
2	2	1 TOM LOUCKS	28 M 0:53:14.6	5:19
3	1	391 KEITH HORTON	23 M 0:54:22.1	5:26
4	2	194 DAVID BUYSSE	20 M 0:56:36.4	5:38
5	1	383 HAL PEARSON	33 M 0:56:41.5	5:40
6	1	10 DAN KAUFMAN	37 M 0:56:53.1	5:41
7	2	8 PHIL SUELZER	36 M 0:57:03.3	5:42
8	3	9 MIKE ROBBINS	39 M 0:57:07.8	5:43
9	2	60 TOM RENZ	33 M 0:58:21.5	5:50
10	3	186 FAUL KNOTT	35 M 0:58:24.3	5:50
11	4	128 GARY DEXHEIMER	28 M 0:58:29.1	5:51
12	3	110 BOB SCHENDEL	32 M 0:58:30.0	5:51
13	3	349 BARRY SCHNIEDERS	23 M 0:58:44.2	5:52
14	4	401 GREGORY THATCHER	25 M 0:58:49.9	5:53
15	4	116 TERRY DILLER	30 M 0:58:55.5	5:54
16	5	240 BRAD MIDDLETON	30 M 0:59:11.3	5:55
17	6	114 CHRIS FARRELL	30 M 0:59:38.1	5:58
18	4	317 MARK ZOLMAN	20 M 0:59:44.2	5:58
19	7	230 DAVID DORAIS	33 M 1:00:17.5	6:02
20	1	42 MIKE FAST	19 M 1:00:26.7	6:03
21	5	13 TERRY COONAN	37 M 1:00:33.5	6:03
22	6	37 STEVEN CASWELL	35 M 1:00:45.3	6:05
23	1	425 JERRY PERKINS	48 M 1:01:12.7	6:07
24	7	137 GARY RICKNER	39 M 1:01:17.1	6:08
25	1	192 STEVEN KELLER	41 M 1:01:22.8	6:08
26	5	274 TODD WANLEY	27 M 1:01:29.4	6:09
27	1	2 MARY THERESA CONNOLLY	32 F 1:01:31.2	6:09
28	2	241 THOMAS DENDINGER	40 M 1:02:06.1	6:13
29	6	245 JOHN PEA	26 M 1:02:35.1	6:16
30	7	254 PETER GERKEN	28 M 1:03:04.0	6:18
31	8	5 MARK BRATTOLI	32 M 1:03:04.1	6:18
32	8	187 GARY WALKER	35 M 1:03:19.8	6:20
33	9	316 DAVID LALLOW	33 M 1:03:36.9	6:22
34	2	18 LARRY AVERBECK	47 M 1:04:09.2	6:25
35	1	4 CHRIS COOPER	26 F 1:04:50.3	6:29
36	3	162 DANIEL DOMINGUEZ	43 M 1:05:06.8	6:31
37	9	296 KELLY CLEVENGER	35 M 1:05:13.0	6:31
38	10	54 ROBERT PEACOCK	34 M 1:05:17.5	6:32
39	8	315 PATRICK LEBER	26 M 1:05:23.6	6:32
40	11	127 THOM DILL	32 M 1:05:24.8	6:32
41	1	213 DEAN RANKIN	50 M 1:05:29.8	6:33
42	4	21 DON LINDLEY	44 M 1:05:32.7	6:33
43	2	130 LELAND SIBREL	50 M 1:05:40.7	6:34
44	12	377 TERRY ANDERSON	34 M 1:05:40.8	6:34
45	13	267 LARRY ELLIS	32 M 1:06:25.9	6:39
46	1	7 MYRON MEYER	61 M 1:06:35.8	6:40
47	9	210 STEVE NASH	25 M 1:06:54.9	6:41
48	1	11 MICHAEL KAST	59 M 1:06:57.1	6:42
49	1	227 BECKY KREPS	22 F 1:07:04.9	6:42
50	5	12 BERNIE BURGETTE	44 M 1:07:08.3	6:43
51	10	76 BRIAN MIGLIORE	35 M 1:07:12.5	6:43
52	11	34 DENNIS CONNER	36 M 1:07:23.2	6:44
53	2	32 JULIE STUCKEY	29 F 1:07:24.6	6:44
54	14	52 KEVIN LOCHNER	32 M 1:07:35.9	6:46
55	3	120 JOE ZIEGLER	52 M 1:07:40.1	6:46
56	3	332 JUDY TILLAPPAUGH	29 F 1:07:40.8	6:46
57	6	45 RONALD MOTYCKA	43 M 1:07:57.3	6:48
58	15	31 RANDY SHELLBARGER	30 M 1:08:12.6	6:49
59	5	402 BRIAN ROEPELE	24 M 1:08:32.8	6:51
60	7	261 STEVE ACKISON	43 M 1:08:17.3	6:56
61	2	408 ROBIN WALKER	32 F 1:09:19.8	6:56

FL	CLAS	BIB NAME	TIME	FACE
62	10	300 PHILLIP CHURCH	27 M 1:09:19.9	6:56
63	4	43 CLEM GETTY	53 M 1:09:26.3	6:57
64	12	398 NICK GIORANO	36 M 1:09:31.1	6:57
65	3	354 TOM FELGER	48 M 1:09:43.6	6:58
66	11	78 NICK HODGMAN	29 M 1:09:43.8	6:59
67	5	342 RAY CONTRERAZ	50 M 1:09:53.6	6:59
68	16	24 ED WARD	34 M 1:10:10.3	7:01
69	12	172 JAMES BERRY	25 M 1:10:21.5	7:04
70	13	67 MICHAEL TAVEL	28 M 1:10:24.4	7:05
71	8	30 DAVID WHITE	40 M 1:10:52.1	7:05
72	6	226 THOMAS LAIRD	51 M 1:10:54.6	7:05
73	1	369 HEIDI OWENS	19 F 1:11:06.4	7:07
74	6	371 TIM FOTTS	23 M 1:11:07.2	7:07
75	13	89 THOMAS ROEHLING	36 M 1:11:18.0	7:08
76	14	215 DAVID WINTERS	38 M 1:11:24.2	7:08
77	15	15 KEITH DEMERITT	36 M 1:11:32.2	7:09
78	4	183 DON ASHTON	47 M 1:11:37.5	7:10
79	9	384 MIKE ZURZOLO	40 M 1:11:38.1	7:10
80	16	77 TOM FISHER	38 M 1:11:39.9	7:10
81	17	94 HAL ATKINSON	33 M 1:12:16.8	7:14
82	7	336 STEVEN MCGLENMEN	22 M 1:12:24.0	7:14
83	10	271 JOHN PETERSPM	42 M 1:12:35.8	7:16
84	5	87 BARRIE PETERSON	45 M 1:12:39.1	7:16
85	17	255 STEVEN OAKS	38 M 1:13:01.9	7:18
86	6	393 GARY MULLENDORE	45 M 1:13:05.6	7:19
87	18	149 TIM BOLIN	37 M 1:13:19.7	7:20
88	2	95 JOHN HILKER	59 M 1:13:20.2	7:20
89	8	283 ROBERT MINNICH	20 M 1:13:20.5	7:20
90	11	101 MICHAEL PUSKER	44 M 1:13:28.4	7:21
91	1	379 PATTI FLEMING	37 F 1:13:38.4	7:22
92	18	262 JERRY WITZKE	31 M 1:13:41.4	7:22
93	19	421 GARY HOOTEN	32 M 1:13:43.5	7:22
94	3	257 BETH BATELL	33 F 1:13:50.1	7:23
95	4	275 BECKY WHITE	25 F 1:13:54.5	7:23
96	14	305 STEVE LUNDERGAN	29 M 1:14:02.1	7:24
97	15	333 ROCK KIRCHNER	28 M 1:14:15.6	7:26
98	20	409 DOUG WALKER	33 M 1:14:17.2	7:26
99	12	123 PHILIP LUTTMAN	40 M 1:14:30.4	7:27
100	19	99 STEVEN GOLDTHWAITE	39 M 1:14:41.7	7:28
101	16	211 JOHN GARDNER	27 M 1:14:55.2	7:30
102	17	132 JAMES THOMPSON	28 M 1:15:01.1	7:30
103	7	232 RICHARD ZINK	46 M 1:15:02.9	7:30
104	13	312 RUSSELL SUEVER	40 M 1:15:05.3	7:31
105	20	47 GEORGE KIRBY	39 M 1:15:17.6	7:32
106	2	373 SON ANDERSON	60 M 1:15:25.9	7:33
107	18	376 THOMAS SELING	29 M 1:15:28.5	7:33
108	21	354 KENTON KING	32 M 1:15:31.5	7:33
109	19	355 DANIEL HANSON	28 M 1:15:36.4	7:34
110	8	279 JOE FYLE	46 M 1:15:42.1	7:34
111	9	311 KEN MILLER	46 M 1:15:47.1	7:35
112	22	277 HARPER PECK	31 M 1:15:49.6	7:35
113	23	203 THOMAS JOHNSON	33 M 1:15:52.1	7:35
114	14	415 JOHN BLOOM	41 M 1:16:15.3	7:38
115	24	133 DAN DUVALL	30 M 1:16:25.4	7:39
116	20	88 DAVID FRY	27 M 1:16:33.3	7:39
117	21	75 AL HENKEL JR	39 M 1:17:24.6	7:44
118	25	258 STEVEN BATELL	34 M 1:17:27.9	7:45
119	15	331 BILL WEBB	41 M 1:17:28.8	7:45
120	2	169 KAREN VACHON	22 F 1:17:44.4	7:46
121	3	410 CLIFF DITTO	55 M 1:17:48.7	7:47
122	16	136 RICHARD WATERFIELD	43 M 1:18:09.6	7:49
123	4	53 KAREN KAHR	31 F 1:18:28.9	7:51
124	21	420 ALAN KIELER	28 M 1:18:45.6	7:53
125	22	360 TERRY KORESSSEL	29 M 1:18:49.7	7:53
126	22	217 RICHARD BEEMER	37 M 1:18:49.2	7:53
127	17	105 PHILIP STEPHAN	44 M 1:18:51.1	7:53
128	5	163 AMY ANDERSON	26 F 1:18:51.6	7:53
129	23	250 PAUL SABRACK	36 M 1:19:00.1	7:54
130	26	214 JERRY STEINHOFF	33 M 1:19:13.1	7:55
131	1	324 JOYCE BUTLER	41 F 1:19:13.6	7:55
132	24	156 ROBB ROBERTSON	39 M 1:19:16.5	7:56
133	5	251 CYNTHIA SABRACK	30 F 1:19:27.9	7:57
134	2	413 LIZ RICKNER	40 F 1:19:57.7	8:00
135	25	285 BILL TOWNSEND	37 M 1:20:15.6	8:02
136	2	387 ELLEN CRAIG	18 F 1:20:31.2	8:03
137	9	375 KEITH ROTH	20 M 1:20:39.5	8:04

FL	CLAS	BIB	NAME	TIME	PACE
138	2	33	MARY COOK	39 F 1:21:09.7	8:07
139	26	154	CHARLEY KNEFFLE	39 M 1:21:13.9	8:07
140	6	256	SUSAN SIFES	32 F 1:21:16.7	8:06
141	23	46	QUINN CURRY	29 M 1:21:43.6	8:10
142	10	218	BILLY CARPENTER	45 M 1:21:58.9	8:12
143	7	385	VAUGHN ROBERTS	52 M 1:22:13.0	8:14
144	18	306	LARRY GODAIR	41 M 1:22:36.3	8:15
145	4	182	HOWARD BASH	55 M 1:23:27.6	8:21
146	27	343	RICK HULLINGER	38 M 1:23:28.6	8:21
147	11	189	RICHARD ROTH	45 M 1:23:42.1	8:22
148	19	344	KEN HENDRICKS	41 M 1:23:42.3	8:22
149	20	382	PETE WILLIAMS	42 M 1:24:27.4	8:27
150	27	341	TIM MOSSBURG	30 M 1:24:47.2	8:29
151	24	348	JOHN STONER	28 M 1:25:59.9	8:36
152	12	428	JIM MARTIN	45 M 1:26:20.5	8:38
153	28	345	JOSEPH MCKNNIS	30 M 1:26:20.7	8:38
154	21	174	THOMAS HUMBRECHT	43 M 1:26:20.8	8:38
155	3	436	ANN MIZE	42 F 1:26:36.4	8:40
156	6	424	CHRISTY BENZ	26 F 1:27:30.1	8:45
157	29	423	JOHN FREISTROFFER	31 M 1:27:30.5	8:45
158	2	290	JOHN SPURGEON	18 M 1:28:17.5	8:50
159	28	252	MICHAEL HENDRICKS	33 M 1:31:02.6	9:06
160	22	119	CHUCK MILLS	41 M 1:31:22.8	9:08
161	23	90	CHARLES REASON	42 M 1:31:51.2	9:11
162	29	286	DAVID SMITH	36 M 1:31:54.3	9:11
163	5	14	KING SULLIVAN	57 M 1:32:19.2	9:13
164	6	331	JAMES JONES	59 M 1:32:15.7	9:14
165	1	404	GLORIA NYCIUM	53 F 1:32:37.3	9:16
166	3	304	PHIL BURNS	65 M 1:32:38.4	9:16
167	3	259	SUZANNE GILBERT	16 F 1:33:26.9	9:21
168	13	74	JAMES HEYMANN	45 M 1:33:54.2	9:23
169	3	84	LINDA HEYMANN	35 F 1:33:15.7	9:23
170	4	212	KIMBERLY NETHERLAND	35 F 1:33:55.3	9:24
171	30	63	JOHN LANTZ	34 M 1:34:15.7	9:26
172	7	407	JEANNE BRACKMANN	18 F 1:35:07.2	9:31
173	2	113	JOYCE FUZY	50 F 1:36:00.3	9:36
174	10	145	TIMOTHY KENT	24 M 2:21:03.2	14:06

## LET THE FORT WAYNE TRACK CLUB PUT THE FINISHING TOUCH ON YOUR RACE

\$125.00 for complete equipment rental

includes: Digital clock

Printer

Race application inserted in 700  
issues of Inside Track.

Printing results in Inside Track.

— or —

\$100.00 Digital clock only

\$35.00 Printer only

12 x entry fee for insertion of race application  
(10 x entry fee if paid in advance)

\$40.00 for printing complete race results

For more information and to reserve the equipment for  
your race call Clem Getty, 219-638-4890 or write.

Fort Wayne Track Club, P.O. Box 11703,  
Fort Wayne, Indiana 46860

*(Delivery of equipment could incur additional charges)*



*Watch for Details:  
Mid Summer  
Night's Run  
August 5, 1988*

*5K Run  
Family Fun Run*

*Save*

*Coupon*

*Save*

*\$1.00 off individual preregistration  
for event*

*\$3.00 off family preregistration*

*See next month's newsletter for details*

**arc**

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# POINT SYSTEM

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**Basic cross country style scoring  
will be applied.**

1st Place — one point

2nd Place — two points

Thru 10 Places

- In some age groups, because of limited participation, scoring will not be thru ten (10) places.
- Standard age groups plus open mens and womens will be used.
- Masters men and women will be scored five (5) places.

Due to some date changes there must be some modifications in the Points Race Schedule. The races are as follows:

April 23      Spring Classic 15K (formerly NAVL)

May 14      Five and Dime 10 Mile

June 18      Central Soya 5M

August 27    Big Brothers/Big Sisters 5M

October 30   Summit City 10K

Participation is required in **FOUR EVENTS**. Updates will be published in **THE INSIDE TRACK** after each race.

We will score all races and throw out the worst performance. You need run only four races, however, in which case all four races will be scored.

**Fort Wayne Track Club determines awards.**

Ties Stand.

Any questions can be directed to:

Tom Loucks  
11080 North 6, State Road 1  
Ossian, Indiana 46777  
(219) 622-7108

# FWTC Point Standings

## MEN

<u>19-under</u>		<u>45-49</u>	
1)	Mike Fast	1)	Jerold Perkins ?
2)	Tyler Oden (14) ?	2)	Fred Ross ?
	<u>20-24</u>	3)	Lynn Smith ?
	none	4)	David Boylan ?
	<u>25-29</u>	5)	Bernie Motycka
1)	Tom Loucks	6)	Gary Mullendore
2)	Herman Bueno	7)	Tom Felger
3)	Nickolas Hodgman	8)	Donald Ashton
4)	Phillip Church ?		<u>50-54</u>
5)	Joseph Ferrick ?	1)	Leland Sibrel
6)	Quinn Curry	2)	Joe Ziegler
7)	Mel Kennedy ?	3)	Jack Morris
8)	Bradley Springer	4)	Thomas Laird
	<u>30-34</u>	5)	Norman Whisler
1)	Bob Schendel	6)	Terry Gautsch
2)	Jeffery Salon ?	7)	Jim Kline
3)	Terry Diller	8)	Karl Holle
4)	Kenneth King		<u>55-59</u>
5)	David Dorais	1)	Bernie Huesing ?
6)	Mark Brattoli	2)	John Hilker
7)	Alex Kyle ?	3)	Gene Gran ?
8)	Larry Ellis	4)	Howard Bash
9)	Terry Anderson ?	5)	Eugene Striggle
10)	Tony Gatton	6)	Robert Hockensmith ?
	<u>35-39</u>	7)	King Sullivan
1)	Mike Robbins	8)	Alfred Moore
2)	Dan Kaufman		<u>60-over</u>
3)	Tom Yoder	1)	Don Anderson
4)	Donald Bashor ?	2)	Vern Chovan
5)	John Treleaven	3)	Phil Burns
6)	Steven Caswell	4)	Paul Snyder
7)	Gary Rickner	5)	Ellis McCann
8)	Terry Coonan	6)	Richard Longsworth
9)	Neil Tate		
10)	Gary Walker		
	<u>40-44</u>		
1)	Thomas Dendinger		
2)	Rodger Puckett ?		
3)	Bernie Burgette ?		
4)	Don Lindley		
5)	Ronald Motycka		
6)	Mike Zurzolo		
7)	Steve Adkison ?		
8)	Chuck Okorowski		
9)	James Seiler ?		
10)	Mike Pusrer ?		

WOMEN

19-under

none

20-24

none

25-29

- 1) Linda Conrad

30-34

- 1) Mary Theresa Connolly
- 2) Lyn Handlin
- 3) Cynthia Sabrack ?
- 4) Sue Sipes ?
- 5) Sherry Yoder ?

35-39

- 1) Betty Moylan ?

40-49

- 1) Barb Scrogam
- 2) Joyce Butler
- 3) Elizabeth Rickner
- 4) Ann Mize ?
- 5) Sarah Kleinknight

45-49

none

50-Over

- 1) Joyce Fuzy ?
- 2) Jean Longworth

OPEN

Women

- 1) Mary Theresa Connolly
- 2) Linda Conrad
- 3) Betty Moylan
- 4) Lyn Handlin
- 5) Barb Scrogam
- 6) Cynthia Sabrack
- 7) Joyce Butler
- 8) Elizabeth Ricknew

Men

- 1) Tom Loucks
- 2) Herman Bueno
- 3) Mike Robbins
- 4) Dan Kaufman
- 5) Bob Schendel
- 6) Jeff Salon
- 7) Tom Yoder
- 8) Terry Diller
- 9) Dnn Bashor
- 10) Kenneth King
- 11) John Treleaven
- 12) Steve Caswell
- 13) Mike Fast
- 14) Gary Rickner
- 15) Terry Coonan

? FWTC Membership  
to be confirmed.





## Kendallville Park and Recreation Department

211 Iddings Street P.O. Box 516 Kendallville, Indiana 46755 Phone 347-1064

### RUN RESULTS

#### MOTHER'S DAY RUN 5-8-88

#### NEWS-SUN/KENDALLVILLE PARK DEPARTMENT

#### TOTAL PARTICIPANTS

5-Mile Run	67
3-Mile Walk	60
1-Mile Run	25
	<hr/>
	152

#### FASTEST OVERALL FINISHERS - 5 MILE

<u>MALE</u>	1st	Tim Grant	28:36
	2nd	Hal Pearson	28:50
	3rd	Tom Moore	29:06
<u>FEMALE</u>	1st	Julie Manger	37:11
	2nd	Sandra Burcham	38:31
	3rd	Teri Meyer	39:07

#### FASTEST OVERALL FINISHERS - 1 MILE

1st	Chris Caudill	5:43.6
2nd	Sam Fritz	
3rd	Brad Gehring	

#### AGE DIVISION WINNERS

##### MEN 14 & UNDER

1st	Jason Engle
2nd	Chris Burgel
3rd	Ryan DePriest

##### MEN 15 - 19

1st	Chad Felger
2nd	David Perry

##### MEN 20 - 24

1st	Brian Shepherd
2nd	Mark Kuhn

##### MEN 25 - 29

1st	Tom Moore
2nd	Rich Hamlin
3rd	Tom Huth

##### MEN 30 - 34

1st	Tim Grant
2nd	Hal Pearson

##### MEN 35 - 39

1st	David Hockley
2nd	Jed Pearson
3rd	David Howe

MOTHER'S DAY RUN 1988

MEN 40 - 44

1st John Reinoehl  
2nd Al Huth  
3rd Darrell Ordway

MEN 45 - 50

1st Larry Targgart  
2nd Dick Harnly  
3rd Billy Carpenter

MEN 51 - 54

1st Craig Miller  
2nd Bob Genshelmer  
3rd Alton Myers

MEN 55 - 59

1st Bernie Huesing  
2nd Gene Gran

MEN 60 +

1st Ken Disler

WOMEN 14 and UNDER

1st Kelly Huth  
2nd Amy Yoder

WOMEN 15 - 19

1st Dawn Bowers  
2nd Janis Easterday  
3rd Paula Cantu

WOMEN 20 - 24

1st \_\_\_\_\_

WOMEN 25 - 29

1st Sandra Burcham  
2nd Teri Meyer  
3rd Sue Bahr

WOMEN 30 - 34

1st Julie Manger  
2nd Paula Luke  
3rd Ann Linson

WOMEN 35 - 39

1st Wanda Myers

WOMEN 40 - 49

1st \_\_\_\_\_

WOMEN 50 +

1st Fran Van Wagner  
2nd Joan Gary

04/25/88

NAVL SPRING CLASSIC 15 K METER RACE  
RACE FINISH BY TIME  
FOR MEN'S DIVISION

FIN TIME	RACE			
HMMSSST	NO	NAME	CITY	ST AGE FWTC
-----	-----	-----	-----	-----
1:11:48:9	1258	THOMAS, JOE	OSSIAN	IN 14
1:21:07:6	1250	ODEN, TYLER W	PUNTINGTON	IN 14 Y
1:31:58:1	1222	FRY, JERRY J	FT WAYNE	IN 13

## FOR AGE GROUP 14 &amp; UNDER

FIN TIME	RACE			
HMMSSST	NO	NAME	CITY	ST AGE FWTC
-----	-----	-----	-----	-----
0:58:56:4	1214	FAST, MIKE J	HAVILAND	OH 19 Y

## FOR AGE GROUP 15 TO 19

FIN TIME	RACE			
HMMSSST	NO	NAME	CITY	ST AGE FWTC
-----	-----	-----	-----	-----
0:54:12:7	1266	STRODE, KYLE S	MANCHESTER	IN 24
0:56:20:6	1271	WEISSER, GREG M	FT WAYNE	IN 24
0:57:37:6	1240	HORTON, KEITH M	FT WAYNE	IN 23
1:10:14:3	1236	EDGERTON, TRACY	FT WAYNE	IN 22

## FOR AGE GROUP 20 TO 24

FIN TIME	RACE			
HMMSSST	NO	NAME	CITY	ST AGE FWTC
-----	-----	-----	-----	-----
0:50:43:9	1193	LOUCKS, TOM S	OSSIAN	IN 28 Y
0:51:31:7	1206	COOPER, BRAD J	OSSIAN	IN 26
0:51:59:1	1183	SPONSELLER, BRYAN R	ETNA GREEN	IN 29
0:53:31:0	1200	OSBORN, GREGG E	FORT WAYNE	IN 26
0:53:31:5	1242	BUENO, HERMAN J	FT WAYNE	IN 29 Y
0:55:28:6	1263	KNOTT, PAUL E	FT WAYNE	IN 25
0:55:53:8	1160	PFEIFER, JEFFERY	WINONA LAKE	IN 25
1:01:35:0	1195	RETTIG, BEN	FORT WAYNE	IN 28
1:03:24:5	1205	CRAWFORD, DOUG E	MARKLE	IN 27
1:04:52:1	1215	LAROE, STEVE A	FT WAYNE	IN 26
1:06:21:5	1102	HODGMAN, NICKOLAS S	FT WAYNE	IN 29 Y
1:08:27:4	1077	CHURCH, PHILLIP J	FT WAYNE	IN 27 Y
1:08:30:5	1150	BRANSTETTER, DON E	FT WAYNE	IN 26
1:12:53:0	1141	BEUCHEL, PATRICK T	FT WAYNE	IN 29
1:14:49:2	1112	THOMPSON, JAMES W	FT WAYNE	IN 28
1:16:01:1	1267	FERRICK, JOSEPH L	FT WAYNE	IN 27 Y
1:17:26:7	1081	CURRY, QUINN D	BLUFFTON	IN 29 Y
1:17:43:3	1082	KENNEDY, MEL K	FT WAYNE	IN 29 Y
1:28:22:1	1177	SPRINGER, BRADLEY D	FT WAYNE	IN 29 Y

FIN TIME HMSST	RACE NO	NAME	CITY	ST	AGE	FWTC
0:55:56:3	1109	SCMENDEL, ROB K	AUBURN	IN	32	Y
0:56:11:4	1239	PEARSON, HAL N	ALBION	IN	33	
0:56:42:0	1060	SALON, JEFFERY E	FT WAYNE	IN	33	Y
0:56:45:6	1093	DILLER, TERRY R	CHURUBUSCO	IN	30	Y
0:57:59:1	1073	KING, KENNETH L	FT WAYNE	IN	30	Y
0:59:30:6	1232	DORALS, DAVID P	WARASH	IN	33	Y
0:59:47:0	1116	ELLERT, JIM M	AUBURN	IN	30	
1:00:15:4	1178	BRATTOLI, MARK A	FT WAYNE	IN	32	Y
1:01:55:8	1203	KYLE, ALEX M	HUNTINGTON	IN	30	Y
1:02:21:7	1062	ELLIS, LARRY D	FT WAYNE	IN	32	Y
1:02:49:5	1201	ANDERSON, TERRY L	FORT WAYNE	IN	34	Y
1:03:03:9	1165	GATTON, TONY	FT WAYNE	IN	32	Y
1:03:17:0	1146	SMITH, ROGER D	SPENCERVILLE	IN	30	
1:03:23:6	1145	DILL, THOM	FT WAYNE	IN	32	Y
1:03:52:6	1196	PRICHARD, JAY S	VAN WERT	OH	30	Y
1:04:12:6	1257	ROST, MICHAEL S	FT WAYNE	IN	33	
1:05:43:6	1154	GLASPER, MICHAEL	FT WAYNE	IN	34	Y
1:07:09:4	1188	MILLER, ROB J	FT WAYNE	IN	34	
1:08:02:0	1143	IANUCILLI, GREGORY J	FT WAYNE	IN	32	
1:08:42:7	1169	WARD, ED L	FT WAYNE	IN	34	Y
1:08:53:1	1124	DECKER, DALE L	SHERWOOD	MI	34	
1:09:09:4	1197	KUHN, GARY P	FORT WAYNE	IN	31	Y
1:09:09:7	1139	HARTZELL, ROBIN C	FT WAYNE	IN	32	Y
1:09:16:6	1066	ATKINSON, HAL D	FT WAYNE	IN	33	Y
1:10:31:5	1225	PATTERSON, JOE C	FT WAYNE	IN	34	Y
1:10:44:3	1244	MEYER, DENNIS W	FT WAYNE	IN	34	
1:11:06:0	1127	BRAUTIGAN, DWIGHT D	HUNGTINTON	IN	31	
1:11:16:6	1063	KUHN, JOE	COLUMBUS	OH	33	Y
1:13:26:0	1274	CALDILL, KEITH E	FT WAYNE	IN	31	
1:13:33:5	1047	RENZ, TOM L	HUNTINGTON	IN	33	Y
1:17:23:5	1261	MCCARTY, MIKE	FT WAYNE	IN	31	
1:17:45:8	1120	KLOPFENSTEIN, RON L	GRABILL	IN	32	
1:18:21:0	1272	HARTMAN, CRAIG S	FT WAYNE	IN	33	
1:19:04:9	1121	KILTY JR., DUANE L	HUNTINGTON	IN	30	
1:19:34:8	1156	DAVIS, JERRY E	HUNTINGTON	IN	33	
1:25:27:1	1059	LANTZ, JOHN M	FT WAYNE	IN	34	Y

FOR AGE GROUP 30 TO 34

FIN TIME HMSST	RACE NO	NAME	CITY	ST	AGE	FWTC
0:55:03:5	1091	ROBBINS, MIKE	FT WAYNE	IN	39	Y
0:55:50:3	1128	KAUFMAN, DANIEL A	FT WAYNE	IN	37	Y
0:56:43:8	1136	YODER, TOM P	FT WAYNE	IN	36	Y
0:57:42:4	1044	BASHOR, DONALD E	WAUSEON	IN	37	Y
0:58:22:3	1138	TRELEAVEN, JOHN W	FT WAYNE	IN	36	Y
0:58:45:9	1199	CASWELL, STEVEN H	ALBION	IN	35	Y
0:59:10:7	1069	RICKNER, GARY J	FT WAYNE	IN	39	Y
0:59:22:2	1110	COONAN, TERRY M	FT WAYNE	IN	37	Y
0:59:29:1	1237	TATE, NEIL A	NORTH MANCHESTER	IN	36	Y
1:00:18:4	1067	WALKER, GARY L	FT WAYNE	IN	35	Y
1:01:01:7	1195	RIZZO, PHIL A	FT WAYNE	IN	35	Y
1:01:21:4	1226	PEARSON, JED	COLUMBIA CITY	IN	37	
1:02:00:9	1123	MCGLOTHLEN, ROGER E	COLDWATER	MI	36	
1:02:30:9	1083	DEXHEIMER, GARY F	FT WAYNE	IN	38	Y

1:02:39:5	1212	CONNER, DENNIS	HUNTINGTON	IN	36	Y
1:04:18:0	1243	SMITH, DAVID E	FT WAYNE	IN	39	
1:04:36:2	1192	MIGLIORE, BRIAN L	FT WAYNE	IN	35	
1:06:00:0	1119	FORD, DONALD R	FT WAYNE	IN	38	Y
1:07:07:5	1248	GREENE, JOE S	BLUFFTON	IN	39	
1:07:46:9	1275	MEISEL, LARRY	FT WAYNE	IN	36	Y
1:09:01:9	1096	ROEHLING, THOMAS E	FT WAYNE	IN	37	Y
1:09:34:1	1194	TISDALE, BRUCE J	FORT WAYNE	IN	38	
1:10:22:9	1079	BERGHOFF, JIM B	WARREN	IN	39	Y
1:10:37:5	1084	ELEY, LINDEN R	FT WAYNE	IN	38	Y
1:10:39:5	1170	FISHER, TOM F	FT WAYNE	IN	38	Y
1:11:03:7	1186	DE MERITT, KEITH M	FT WAYNE	IN	36	Y
1:11:26:4	1176	WINTERS, DAVID L	HUNTINGTON	IN	38	Y
1:11:43:6	1162	KIRBY, GEORGE P	ANGOLA	IN	39	Y
1:11:44:6	1273	HILGER, JOE M	FT WAYNE	IN	38	
1:11:45:8	1046	CULBERTSON, DEWEY V	FT WAYNE	IN	39	Y
1:11:52:2	1238	OAKS, STEVEN A	FT WAYNE	IN	38	Y
1:12:05:0	1040	GOLDTHWAITE, STEVEN H	FT WAYNE	IN	39	Y
1:12:49:8	1050	BAILEY, NORMAN L	BLUFFTON	IN	37	
1:13:33:1	1131	BEEMER, RICHARD G	HUNTINGTON	IN	37	Y
1:13:59:3	1198	MONTGOMERY, DAVID M	FORT WAYNE	IN	38	Y
1:14:00:0	1247	DAVISSON, LARRY E	WOLCOTTVILLE	IN	38	
1:14:57:3	1187	KLEPPER, GARY W	FT WAYNE	IN	36	
1:15:47:6	1039	SABRACK, PAUL J	FT WAYNE	IN	36	Y
1:15:56:2	1227	FELSER, STEVEN A	GRABILL	IN	35	Y
1:17:16:7	1167	PANNING, RICHARD R	FT WAYNE	IN	39	
1:17:51:6	1126	FUELLING, THOMAS R	FT WAYNE	IN	37	Y
1:18:35:5	1085	HENKEL, AL L	FT WAYNE	IN	39	Y
1:19:20:3	1189	YANN, MICHAEL G	FT WAYNE	IN	35	Y
1:20:43:8	1211	HORAN, RON	FORT WAYNE	IN	36	
1:21:21:5	1229	YARGER, RICK E	HUNTINGTON	IN	37	
1:21:23:8	1157	SMITH, MARVIN L	FT WAYNE	IN	37	Y
1:22:44:1	1053	BECHTEL, STEVEN S	HUNTINGTON	IN	37	Y
1:25:10:8	1041	LEE, EDDIE E	COLUMBIA CITY	IN	35	Y
1:26:00:4	1166	FORD, PERCY R	FT WAYNE	IN	36	
1:33:05:5	1229	HENDRICKS, MICHAEL D	FT WAYNE	IN	38	

FOR AGE GROUP 35 TO 39

FIN	TIME	RACE				
	HMSST	NO	NAME	CITY	ST	AGE FWTC
	0:56:40:2	1298	SIBRAY, PAUL E	SILVERLAKE	IN	40
	0:58:57:5	1223	KELLER, STEVEN L	CONVOY	OH	41
	0:59:58:2	1052	DENDINGER, THOMAS J	AUBURN	IN	40 Y
	1:01:46:6	1234	MILLER, JAMES L	SPENCERVILLE	IN	40
	1:02:04:2	1192	DOMINGUES, DANIEH	FORT WAYNE	IN	43
	1:03:26:1	1197	PUCKETT, RODGER L	COLUMBIA CITY	IN	44 Y
	1:03:38:0	1118	BURGETTE, BERNIE L	FT WAYNE	IN	44 Y
	1:04:08:0	1174	LINDLEY, DON	FT WAYNE	IN	44 Y
	1:06:44:9	1055	MOTYCKA, RONALD C	WINDOM LAKE	IN	43 Y
	1:06:58:8	1269	ZURZOLO, MICHAEL	FT WAYNE	IN	40 Y
	1:07:31:8	1045	ADKISON, STEVE R	FT WAYNE	IN	43 Y
	1:08:38:5	1221	HANNA, JIM W	ANGOLA	IN	43
	1:09:18:3	1122	SHERRICK, JACK E	COLDWATER	MI	41
	1:09:22:8	1080	OKOROWSKI, CHUCK M	FT WAYNE	IN	43 Y
	1:09:32:2	1125	PAINTER, IVAN L	FT WAYNE	IN	40
	1:09:38:0	1233	SEILER, JAMES N	FT WAYNE	IN	43 Y
	1:11:05:2	1210	PUSKER, MIKE J	FORT WAYNE	IN	44 Y
30.	1:13:05:5	1095	LUTTMAN, PHILIP C	KENDAVILLE	IN	40 Y

1:13:14:7	1171	SUEVER, RUSSELL D	FT WAYNE	IN	40 Y
1:14:56:9	1235	CUTSHALL, DEAN	FT WAYNE	IN	44 Y
1:15:07:0	1173	WATERFIELD, RICHARD D	FT WAYNE	IN	43 Y
1:17:02:8	1142	WILLIAMS, PETE	FT WAYNE	IN	42
1:17:12:4	1057	WURST, RONALD J	FT WAYNE	IN	43 Y
1:19:25:9	1249	ODEN, GARY W	HUNTINGTON	IN	41 Y
1:19:26:4	1054	BECHNER, ED	HUNTINGTON	IN	42 Y
1:19:40:9	1251	RAFF, JEFFREY G	FT WAYNE	IN	40 Y
1:21:00:3	1075	BARE, BILL L	FT WAYNE	IN	40 Y
1:22:37:9	1230	SLEGEL, WAYNE C	WARSAW	IN	43 Y
1:22:41:0	1071	HEYMANN, JAMES R	FT WAYNE	IN	44 Y
1:29:52:5	1133	FIELDS, CARL R	COLUMBIA CITY	IN	43 Y
1:33:06:7	1219	HENDRICKS, KEN L	HUNTERTOWN	IN	41
1:33:55:3	1043	HILLS, CHUCK	NEW HAVEN	IN	41 Y
1:37:10:2	1199	WEBSTER, JOHN B	FT WAYNE	IN	40

FOR AGE GROUP 40 TO 44

FIN TIME	RACE NO	NAME	CITY	ST	AGE	FWTC
1:00:12:2	1262	PERKINS, JEROLD D	HUDSON	IN	48 Y	
1:02:33:5	1070	ROSS, FRED	WARSAW	IN	47 Y	
1:02:35:8	1161	SMITH, LYNN B	FT WAYNE	IN	47 Y	
1:03:35:7	1184	EVERBECK, LARRY	FT WAYNE	IN	47	
1:04:23:7	1042	BOYLAN, DAVID E	FT WAYNE	IN	45 Y	
1:04:55:9	1088	BRANDT, CHARLES C	FT WAYNE	IN	48	
1:06:17:5	1228	MOTYCKA, BERNIE	OHIO CITY	OH	46 Y	
1:06:32:8	1246	MULLENDORE, GARY M	FT WAYNE	IN	47 Y	
1:07:49:2	1048	FELGER, TOM	FT WAYNE	IN	48 Y	
1:08:17:9	1191	CONTRERAZ, RAY	BALDWIN	OH	49	
1:08:31:7	1163	ASHTON, DONALD K	FT WAYNE	IN	47 Y	
1:09:12:9	1101	SCHEELE, JIM A	FT WAYNE	IN	45	
1:09:33:3	1217	FAUZE, DENIS R	FT WAYNE	IN	46	
1:10:06:2	1108	ETZLER, LESTER E	WILLSHIRE	OH	45	
1:10:24:2	1074	CLARK, KEN D	FT WAYNE	IN	49 Y	
1:10:37:8	1231	VOIROL, DUANE L	ST JOE	IN	47	
1:13:17:7	1172	MILLER, KEN L	FT WAYNE	IN	46 Y	
1:13:37:4	1159	PYLE, JOE W	FT WAYNE	IN	46	
1:16:10:9	1104	GILBERT, ALAN R	FT WAYNE	IN	48 Y	
1:16:47:5	1164	ZINK, RICHARD P	NEW HAVEN	IN	46 Y	
1:19:43:8	1253	PAYNE, DONALD L	WARSAW	IN	49	
1:20:01:1	1181	RASHUSSEN, JOHNI	FT WAYNE	IN	47 Y	
1:22:23:2	1113	ROTH, RICHARD M	YAN WERT	OH	45	
1:24:10:6	1255	DUMAS, JAMES E	FT WAYNE	IN	49	
1:25:02:2	1256	MARTIN, JIM M	FT WAYNE	IN	45 Y	
1:25:36:7	1216	COLE, HERB	SCOTIA	NY	45	
1:25:44:3	1218	LANE, GARRY C	BALLSTONE LAKE	NY	45	

FOR AGE GROUP 45 TO 49

FIN TIME	RACE NO	NAME	CITY	ST	AGE	FWTC
1:02:48:4	1099	SIBREL, LELAND R	FT WAYNE	IN	50 Y	
1:02:59:4	1061	ZIEGLER, JOE	NEW HAVEN	IN	52 Y	
1:03:34:7	1260	MORRIS, JACK H	FT WAYNE	IN	50 Y	
1:04:37:5	1207	KAST, MIKE	FORT WAYNE	IN	59	
1:05:44:5	1094	LAIRD, THOMAS H	N. MANCHESTER	IN	51 Y	
1:07:57:4	1241	BEST, ALLEN T	WATERLOO	IN	50	

1:19:36:9	1179	HUESING, BERNIE	HUNTINGTON	IN	55	Y
1:10:38:3	1092	HILKER, JOHN E	FT WAYNE	IN	59	Y
1:12:45:0	1078	WHISLER, NORMAN L	FT WAYNE	IN	54	Y
1:13:14:2	1049	GRAN, GENE G	COLUMBIA CITY	IN	57	Y
1:15:19:5	1252	GAUTSCH, TERRY J	ROANOKE	IN	54	Y
1:16:54:9	1213	KLINE, JIM L	HUNTINGTON	IN	51	Y
1:20:14:3	1175	MOLLE, KARL	NEW HAVEN	IN	51	Y
1:20:21:0	1103	BASH, HOWARD O	FT WAYNE	IN	55	Y
1:20:52:0	1204	STRIGGLE, EUGENE T	CHURBUSCO	IN	57	Y
1:21:06:5	1097	SIVE, DICK C	FT WAYNE	IN	52	
1:21:37:7	1224	FOX, FRED L	NEW HAVEN	IN	50	
1:26:03:3	1056	HOCKENSMITH, ROBERT R	FT WAYNE	IN	59	Y
1:26:17:3	1209	STRUTEVANT, JOHN C	COLUMBIA CITY	IN	54	Y
1:29:42:3	1132	RHOADES, DON J	COLUMBIA CITY	IN	54	
1:33:55:8	1134	SULLIVAN, KING M	FT WAYNE	IN	57	Y
1:37:26:1	1065	MOORE, ALFRED A	FT WAYNE	IN	58	Y
1:41:02:0	1150	JEDINAK, JOHN G	FT WAYNE	IN	54	Y
1:45:13:2	1076	TURK, JIM	FT WAYNE	IN	52	Y

FOR AGE GROUP 50 TO 59

FIN	TIME	RACE				
HMSST	NO	NAME	CITY	ST	AGE	FWTC
----	----	----	----	----	----	----
1:12:02:3	1202	ANDERSON, DON	FORT WAYNE	IN	60	Y
1:17:40:3	1009	CHOVAN, VERN M	FT WAYNE	IN	61	Y
1:27:15:9	1106	BURNS, PHIL W	FT WAYNE	IN	65	Y
1:30:55:2	1051	SNYDER, PAUL E	FORT WAYNE	IN	60	Y
1:42:44:9	1129	MCCANNY, ELLIS M	NEW HAVEN	IN	63	Y
1:46:47:4	1140	LONGSWORTH, RICHARD J	FT WAYNE	IN	62	Y

FOR AGE GROUP 60 & OVER

FIN	TIME	RACE				
HMSST	NO	NAME	CITY	ST	AGE	FWTC
----	----	----	----	----	----	----
1:03:53:1	1264	CONRAD, LINDA A	FT WAYNE	IN	25	Y
1:15:29:2	1270	CARRIER, JANINE A	FT WAYNE	IN	24	
1:16:36:2	1117	STROUP, LAURIE B	BLUFFTON	IN	27	
1:18:06:5	1099	FOX, LORRAINE A	FT WAYNE	IN	27	
1:28:28:7	1268	APT, DEBORAH D	FT WAYNE	IN	21	

FOR AGE GROUP 20 TO 29

FIN	TIME	RACE				
HMSST	NO	NAME	CITY	ST	AGE	FWTC
----	----	----	----	----	----	----
0:59:43:4	1072	CONNOLLY, MARY THERESA	FT WAYNE	IN	32	Y
1:10:10:0	1254	HOYLAN, BETTY E	FT WAYNE	IN	36	Y
1:12:35:6	1265	HANDLIN, LYN A	FT WAYNE	IN	31	Y
1:16:12:7	1030	SABRACK, CYNTHIA M	FT WAYNE	IN	30	Y
1:16:35:8	1111	CHASE, KAREN L	FT WAYNE	IN	32	
1:29:21:0	1168	WARD, SUE K	FT WAYNE	IN	35	
1:22:26:3	1006	STIPES, SUE K	FT WAYNE	IN	32	Y
1:24:15:2	1137	YODER, SHERRY A	FT WAYNE	IN	34	Y
1:27:49:7	1259	THOMAS, SALLY L	OSSIAN	IN	35	
1:35:20:3	1245	OGRAH, SANDRA G			37	
1:36:31:6	1144	HEATH, BECKY A	FT WAYNE	IN	37	



FOR AGE GROUP 50 & OVER

FIN	TIME	RACE	NO	NAME	CITY	ST AGE	FWTC
1:34:37.3	1135	FUZY, JOYCE A			FT WAYNE	IN 50 Y	
1:36:38.1	1130	MCCANN, JESSIE			NEW HAVEN	IN 55	
1:46:46.6	1147	LONGWORTH, JEAN T			FT WAYNE	IN 58 Y	

FOR AGE GROUP 40 TO 49

FIN	TIME	RACE	NO	NAME	CITY	ST AGE	FWTC
1:15:08.9	1087	SCROGHAM, BARR J			FT WAYNE	IN 41 Y	
1:18:21.9	1180	BUTLER, JOYCE E			FT WAYNE	IN 41 Y	
1:19:31.2	1068	RICKNER, ELISABETH A			FT WAYNE	IN 40 Y	
1:22:33.2	1098	MIZE, ANN M			ROANOKE	IN 42 Y	
1:23:00.4	1185	COOK, MARY			GARILL	IN 40	
1:29:00.0	1100	KLEINKNIGHT, SARAH L			BLUFFTON	IN 44 Y	

AMERICAN CANCER SOCIETY  
 "WE ARE WINNING" 3K  
 MAY 7, 1988

PLACE NAME	MEMBER	DIV.	PL.	TIME	FWTC	AGE/
1 CARL RISCN	X	M	30/1	16:19	X	30/1
2 JEFF SALON	X	M	33/2	16:49	X	33/2
3 PAUL KNOTT	X	M	25/1	16:50	X	25/1
4 GREG WEISSER	X	M	24/1	16:54	X	24/1
5 GARY DEHNER	X	M	37/2	17:08	X	37/2
6 TERRY COOMAN	X	M	37/2	17:08	X	37/2
7 KEIL TATE	X	M	36/3	17:23	X	36/3
8 PHIL SUEZLER	X	M	36/4	17:28	X	36/4
9 ROB WELCH	X	M	13/1	17:29	X	13/1
10 JERRY PERKINS	X	M	48/1	17:38	X	48/1
11 CONRAD PETERSON	X	M	30/3	17:45	X	30/3
12 PETER GERKEN	X	M	28/2	17:46	X	28/2
13 JOHN PEA	X	M	26/3	17:52	X	26/3
14 DAVID DORRIS	X	M	33/4	17:54	X	33/4
15 PHIL RIZZO	X	M	35/5	18:01	X	35/5
16 MARK KUHN	X	M	22/2	18:22	X	22/2
17 MARY THERESA CONNOLLY	X	F	32/1	18:32	X	32/1
18 JON WILKINS	X	M	14/2	18:43	X	14/2
19 DAVE HOWE	X	M	39/6	18:50	X	39/6
20 ROGER SMITH	X	M	30/5	19:04	X	30/5
21 BERNIE BRUNETTE	X	M	44/1	19:12	X	44/1
22 GREGORY IANUCELLI	X	M	32/6	19:17	X	32/6
23 AL WELCH	X	M	39/7	19:20	X	39/7
24 KEVIN LOCHNER	X	M	32/7	19:24	X	32/7
25 LINDA CONRAD	X	F	25/1	19:25	X	25/1
26 PAUL WILER	X	M	34/8	19:30	X	34/8
27 JOE PATTERSON	X	M	34/9	19:31	X	34/9
28 GARY LANE	X	M	37/8	19:33	X	37/8
29 LEN PIMPATO	X	M	33/10	19:34	X	33/10
30 KEITH CAUDILL	X	M	31/11	19:36	X	31/11
31 RICK SOUJES	X	M	15/1	19:47	X	15/1
32 JOHN KLEIN	X	M	45/2	19:48	X	45/2
33 KEVIN MAREN	X	M	30/12	19:57	X	30/12
34 JAMIE WILKINS	X	M	14/3	20:14	X	14/3
35 ROBERT RABNER	X	M	47/3	20:22	X	47/3
36 CRAIG REED	X	M	27/4	20:26	X	27/4
37 CHARLIE BACKOFEN	X	M	42/2	20:37	X	42/2
38 MIKE LEONARD	X	M	21/3	20:40	X	21/3
39 LYN HANDLIN	X	F	31/2	20:42	X	31/2
40 GARY DUECHLE	X	M	32/13	20:49	X	32/13
41 PAUL LOCHNER	X	F	29/2	20:50	X	29/2
42 LYNN ARMSTRONG	X	M	40/3	20:52	X	40/3
43 ALAN BRADLEY	X	M	36/9	20:58	X	36/9
44 BRYNN WELER	X	F	43/1	21:01	X	43/1
45 RICHARD ZINK	X	M	46/4	21:12	X	46/4
46 FRED WEISSER	X	M	48/5	21:14	X	48/5
47 JERRY RATTIGAN	X	M	28/5	21:15	X	28/5
48 PHYLIS SUEZLER	X	F	35/3	21:20	X	35/3
49 UNKNOWN				21:24		
50 JOHN SPRUEON		M	18/2	21:26		18/2
51 DON ANDERSON		M	60/1	21:27		60/1
52 NORMAN WHISLER		M	54/1	21:32		54/1
53 HOWARD BASH		M	54/2	21:36		54/2
54 DAVE SCHEITEL		M	32/14	21:37		32/14
55 CLIFTON CORRELL		M	41/4	21:42		41/4
56 DANIEL TUBBS		M	31/15	21:45		31/15
57 KEN DIELER		M	53/2	21:48		53/2
58 DICK HARLEY		M	50/3	21:59		50/3
59 BARB SCROGHAN		F	41/2	22:03		41/2
60 UNKNOWN				22:04		
61 CHARLES ADAMS		M	42/5	22:16		42/5
62 HARRY QUANDT		M	34/16	22:19		34/16
63 BILL SQUIRES		M	36/10	22:21		36/10
64 TOM MATHER		M	40/6	22:28		40/6
65 UNKNOWN				22:42		
66 TOM HANNIE		M	33/17	22:57		33/17
67 JOYCE BUTLER		F	41/3	23:01		41/3
68 MIKE MCARTY		M	31/18	23:13		31/18
69 JIM HEYMANN		M	44/7	23:18		44/7
70 GENE LINK		M	46/6	23:38		46/6
71 ALTON MYERS		M	53/4	23:45		53/4
72 BRUCE HEINE		M	38/11	23:47		38/11
73 UNKNOWN				23:54		
74 STAN SWEENEY		M	28/6	23:56		28/6
75 ADAM LUTTMAN		M	9/4	24:06		9/4
76 DANNY WUBMAN		M	42/8	24:07		42/8
77 FRANK SCHNER		M	59/5	24:39		59/5
78 DAN BICKERT		M	37/12	24:50		37/12
79 FRANK MARTINEZ		M	25/7	24:52		25/7
80 LISA SNOUTTER		F	28/3	24:53		28/3
81 BECKY SNOUTTER		F	26/4	24:54		26/4
82 MIKE CAMERON		M	30/19	24:55		30/19
83 KEVIN BUNNEY		M	26/8	24:56		26/8
84 MIKE YANN		M	35/13	25:00		35/13
85 JOHN LAMIT		M	34/20	25:04		34/20
86 ROBERT STELLER		M	32/21	25:05		32/21
87 TOM BRUVE		M	34/22	25:06		34/22
88 LORA BACKOFEN		F	16/1	25:11		16/1
89 CHRIS SIMS		M	14/5	25:12		14/5
90 JOHN TREKNER		M	37/14	25:34		37/14
91 PHIL BURNS		M	63/3	25:47		63/3
92 PAUL SNYDER		M	60/4	25:48		60/4
93 UNKNOWN				25:55		
94 JEFF PETERS		M	31/23	25:57		31/23
95 CHUCK MILLS		M	41/9	26:05		41/9
96 ROBERT HOCKENSMITH		M	59/6	26:14		59/6
97 DANNY FEE		M	23/4	26:17		23/4
98 KEN DEWALL		M	48/7	26:21		48/7
99 BEN WIKNER		M	41/10	26:26		41/10
100 DARLENE ROSE		F	39/4	26:32		39/4

FWTC AGE/  
 MEMBER DIV. PL. TIME

FWTC AGE/  
 MEMBER DIV. PL. TIME

AMERICAN CANCER SOCIETY  
 "WE ARE WINNING" SK  
 MAY 7, 1988

PLACE NAME	MEMBER	DIV.	PL.	TIME	FWIC	AGE/
101 DIANE PEA				26:39		
102 KING SULLIVAN				26:43		
103 MICHELLE GROFF				26:49		
104 LAWRENCE NYLIN				26:50		
105 ROBERT PAINE				26:51		
106 RHONDA DEATHE				26:52		
107 ALETA McAHREN				26:54		
108 R. MUNCIE				26:55		
109 KIM DEWALL				26:57		
110 ANNETTA STORK				27:01		
111 DICK BURDEK				27:03		
112 CHRIS SHOOT				27:25		
113 CHRIS ELEY				27:26		
114 JULIE COBURN				27:29		
115 SUE ZIMMERMAN				27:30		
116 LAUREL LEUBENBERGER				27:35		
117 GLENN ABELS				27:39		
118 UNKNOWN				28:05		
119 ALFRED MOREE				28:06		
120 JILL BURDET				28:07		
121 VELMA BRADLEY				28:08		
122 KAREN COCHARD				28:11		
123 JEANETTE KLEIN				28:40		
124 UNKNOWN				28:41		
125 UNKNOWN				28:44		
126 BRENDA SULLIVAN				28:45		
127 ELLIS McCANN				29:10		
128 GAIL ESCOSA				29:30		
129 DAN DOUGAN				29:48		
130 SARAH HICKMAN				29:49		
131 LAINIE HUNTER				29:54		
132 CINDY CROOKS				29:59		
133 BEV CORNER				30:01		
134 GAIL SCHLATTER				30:05		
135 UNKNOWN				30:15		
136 JESSIE McCANN				30:44		
137 RHONDA POWELL				30:59		
138 LISA McFADDEN				31:22		
139 KATHI WEISS				31:46		
140 DORIS SNYDER				35:54		
141 DIANE GETTY				40:38		

# Coming Events

**JUNE 18, 1988**

Central Soya 5m; Downtown 6:00 p.m.

**JUNE 25, 1988**

White River Park Games 5m; Foster Park 8:00 a.m.

**JUNE 25, 1988**

Turtle Days 10k; Churubusco 8:00 a.m.

**JULY 4, 1988**

Hamilton Lake 5k; Hamilton Lake 9:00 a.m.

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## DO A FRIEND A FAVOR . . . .

Give this card to them and invite them to  
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### FORT WAYNE TRACK CLUB

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Sex \_\_\_\_\_ Birthdate \_\_\_\_\_

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City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

If Renewal, Your Current Track Club # \_\_\_\_\_

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Make Checks Payable To:

Fort Wayne Track Club and Mail To: Fort Wayne  
Track Club, P.O. Box 11703, Fort Wayne, IN 46860

Membership Fee \$12.00 (thru December 31, 1988)

Ea. Add'l Family Member \$6.00 (\$24.00 Max. Per Family)

(List the Names, Birthdates and Sex of each family member)

\_\_\_\_\_  
\_\_\_\_\_  
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